



ASSESSMENT FORM

Client: _____ Code Status: _____

Address: _____ Date: _____

Phones: _____ Email: _____

Presenting Problem: _____ Referred by: _____

Company: _____

PERSONAL INFORMATION

SSN: _____ Marital Status: _____ DOB: _____

Age Today: _____ Gender: _____

Spouse/Partner: _____ Ethnicity: _____

Employer: _____ Employment Status _____

Language(s): _____ Religion: _____

Living Environment: _____

Service Branch: (spouse/self) _____

Years of Service: _____ Type of Discharge: _____ VA Pension? Y N

HEALTH/LONG-TERM CARE INSURANCE

Medicare: _____

Policy Type: _____

Company Name: _____

Supplemental: _____

Exp Date: _____

Part D: _____

Use Order: _____

Other: _____

Policy Details: _____

Long Term Care: _____

Primary Caregiver Name:

Address: _____

Phones: _____

Email: _____

Additional
Notes:

Responsible Party/Legal Guardian Name:

Address: _____

Phones: _____

Email: _____

Bill To:

Address:

Phones:

Email:

Family Members:

Name:

Address: _____

Phones:

Email:

PREFERRED PROVIDERS:

Type:

Name:

Address:

Phone/Fax:

Type:

Name:

Address: _____

Phone/Fax: _____

MEDICAL PRACTICE: _____

HOSPITAL: _____

PHARMACY/STORE: _____

MAIL ORDER PHARMACY: _____

IN-HOME PROVIDERS (agency or private home care):

Name/Company:

Contact Information:

Phone/Fax:

Type of Care Provided:

Comments about
care providers:

Additional Notes:

ALLERGIES:

Allergen:

Allergen: _____

Reaction:

Reaction: _____

Last Reaction:

Last Reaction:

Allergen:

Allergen:

Reaction:

Reaction:

Last Reaction:

Last Reaction:

MEDICATIONS:

Does client use pill box? Yes No

Are refill dates current? Yes No

Is client capable of dispensing own meds? Yes No

Can client take pills whole? Yes No

Notes:

PAST SURGERIES/PROCEDURES: (cataract, hyst, cancer surgery, cystoc, sp, tonsils)

Type of Surgery:

Date Performed: _ Surgeon:

Result of Surgery:

DIAGNOSES:

Primary Diagnosis: _____

Secondary Diagnosis: _____

Chief
Complaints:

HOSPITALIZATIONS:

Admit Date: _____ Discharge Date: _____

Hospital: _____ Admitting MD: _____

Address: _____

Reason for admission
(list any procedures):

Admit Date: _____ Discharge Date: _____

Hospital: _____ Admitting MD: _____

Reason for admission
(list any procedures):

MEDICAL ASSESSMENT:

Height: _____ Weight: _____ Date last weighed: _____

Last flu shot: _____ Last pneumonia shot: _____ Shingles: _____ PPD: _____

DIAGNOSTIC TESTING (STRESS TEST, MRI, ETC):

Test: _____ Date: _____

Physician: _____

Result: _____

Test: _____ Date: _____

Physician: _____

Result: _____

LAB WORK:

Test: _____ Date: _____

Physician: _____

Result: _____

Test: _____ Date: _____

Physician: _____

Result: _____

**ADDITIONAL
NOTES:**

HEALTH ASSESSMENT:

☐ Home-bound ☐ Bedbound ☐ Wheelchair bound ☐ Unsteady gait Other: _____

BARRIERS TO LEARNING:

☐ Cognitive ☐ Emotional ☐ Physical ☐ Other: _____

PHYSICAL ASSESSMENT BY BODY SYSTEM:

Neurological/Sensory:

☐ Alert Oriented to: ☐ Person ☐ Place ☐ Time ☐ Confused ☐ Memory deficit ☐ Impaired decision-making
☐ Well-groomed ☐ Disheveled ☐ Appropriately Dressed (weather) ☐ Cooperative ☐ Attention span (short, normal)
☐ Depressed ☐ Anxious ☐ Logical thought processes ☐ Emotionally detached ☐ Good eye contact
☐ Wandering ☐ Verbally abusive or inappropriate ☐ Combative/assaultive ☐ Signs of neglect ☐ Good eye contact
☐ Signs of abuse ☐ Signs of drug abuse ☐ Sleep disturbance ☐ Can direct own care ☐ Poor eye contact
☐ Able to implement care ☐ Lethargic but arousable ☐ Unresponsive ☐ Responds to pain PERLA
☐ Hand grasps WNL ☐ Gait WNL ☐ Impaired gross movement ☐ Impaired fine movement ☐ Headaches
☐ Numbness/tingling ☐ Seizures ☐ Tremor ☐ Vertigo ☐ Hallucinations ☐ Past psych history

Macular degeneration Cataracts Glaucoma

Vision level: ☐ Normal ☐ Partially Impaired ☐ Severely impaired ☐ Unknown

Notes:

Hearing level: ☐ Normal ☐ Partially Impaired ☐ Severely impaired ☐ Unknown Hearing Aids

Notes:

Speech level: ☐ Normal ☐ Partially Impaired ☐ Severely impaired ☐ Unknown

Notes:

Does client wear: ☐ Corrective Lenses ☐ Reading Glasses

**Mental
assessment
results:**

**Depression
assessment
results:**

Notes:

MD involved _____

Sleep pattern:

Number of hours of sleep per night: _____ Time to bed: _____ Time up: _____

Nap?: _____ # hours: _____ Do you snore?: _____

Quality
of
sleep:

Number of times out of bed to bathroom at night: _____ Able to go back to sleep immediately? _____

Do you dream? _____ Do you sleep walk?: _____

Do you take medicine to sleep? ☐ Yes ☐ No If so, what medicine?: _____

Pain Assessment: (arthritis, back, hip, frequent HA, soreness, stiffness)

Pain
medication
details:

Cardiovascular:

☐ Palpitations ☐ Chest pain ☐ Pedal pulses WNL ☐ Pacemaker ☐ Edema ☐ Color WNL
☐ Color pale ☐ Color gray/dusky Color mottled Nail beds pink

Apical pulse: ☐ regular OR ☐ irregular

Radial pulse: ☐ regular OR ☐ irregular

Blood pressure: _____ (left arm)

Blood pressure: _____ (right arm)

Blood pressure: _ _____ (lying)

Blood pressure: _ _____ (standing)

Notes:

MD involved: _____

Respiratory:

☐ SOB at rest ☐ SOB with exertion ☐ Orthopnea ☐ Chest expansion equal ☐ Barrel chest

☐ Nasal flaring Hemoptysis Night sweats ☐ HX Asthma SAO2%

☐ Dry cough ☐ Productive cough ☐ Years smoker: _____ PPD: _____ Quit: _____

Breath sounds: Right: _____ Left: _____

Respiratory rate and characteristics:

Notes:

Musculoskeletal:

☐ ROM WNL ROM limited ☐ Contractures ☐ Atrophy ☐ Gait WNL ☐ Weakness ☐ Arthritis ☐ Prosthesis
☐ Deformity ☐ Swollen joints ☐ Fractures ☐ Cast ☐ Spasticity ☐ Amputation ☐ Assistive devices

(ADL/iADL ASSESSMENT RESULTS GO HERE)

(FALL ASSESSMENT RESULTS GO HERE)

History of falls within the past three months: Yes No

Does client have Emergency Pendant? Yes No If so, Brand:

Notes:

Gastrointestinal:

☐ Teeth WNL ☐ Partial dentures top/bottom ☐ Full dentures ☐ Sores in mouth/thrush ☐ Difficulty chewing
☐ Difficulty swallowing ☐ Nausea ☐ Vomiting ☐ Heartburn ☐ Stomach pain ☐ Abdomen WNL
☐ Abdomen distended ☐ Abdomen tender ☐ Bowel sounds WNL ☐ Colostomy ☐ Flatulence
☐ Hemorrhoids ☐ Rectal bleeding ☐ Constipation ☐ Diarrhea ☐ Change in bowel habits ☐ Tube fed

Recent weight gain Recent weight loss

Normal BM pattern: _____ Date of last BM: _____ Depends

Continence status: ☐ continent ☐ incontinent

Current diet: ☐ Regular ☐ Low Salt ☐ Low cholesterol ☐ Diabetic ☐ Restricted calorie ☐

Other:

Number meals eaten per day:

☐ Reg. consistency ☐ Mech. Soft ☐ Thickened liquids ☐ Thin liquids ☐ Puree

Number of servings per day of: Fruit ____ Vegetable ____ Dairy ____ Protein ____

Non-alcoholic fluids _____ oz./day Alcohol consumption _____ oz./day

Notes:

How does client view nutritional habits: poor adequate good unknown

other:

Appetite: poor adequate good excellent

Does client eat alone: Yes No

Does client get Meals on Wheels: Yes No

Is client interested in Meals on Wheels: Yes No

How is food Obtained & Prepared:

How often does client visit his/her dentist? ____ Last visit _____

Notes:

Genitourinary:

☐ Voids WNL ☐ Catheter ☐ Burning Frequency ☐ Nocturia ☐ Dysuria ☐ Oliguria

☐ Hematuria ☐ Enlarged Prostate ☐ Hesitancy ☐ Retention

Continence status: ☐ continent ☐ incontinent ☐ manages independently ☐ requires help in bathroom

☐ Depends ☐ Incontinence pads ☐ Catheter ☐ Urinal

Number of times client voids per day: _____ Do you leak urine w/coughing/sneezing? _____

Notes:

MD Involved:

Integumentary:

☐ Skin intact ☐ Turgor WNL ☐ Moist/dry WNL ☐ Rashes ☐ Lesions ☐ Pruritis ☐ Petechiae

☐ Jaundice ☐ Bruising ☐ Diaphoresis ☐ Itchy Skin ☐ Dry/scaling ☐ Wound ☐ Incision

☐ Birthmarks ☐ Scars ☐ Well-hydrated

Notes:

MD Involved

Endocrine:

Problems w/thyroid: YES NO If yes, describe issues:

Diabetes: ☐ No ☐ Non-insulin dependent ☐ Insulin dependent ☐ Peripheral neuropathy

☐ Vision Difficulties/blurry vision ☐ Thirsty ☐ Excessive fatigue ☐ Polyuria ☐ Slow-healing cuts/sores

☐ Increased appetite

Frequency of finger sticks: _____

Last HbA1C

Date:

Foot care : Podiatrist to cut toe nails Wear shoes Check feet daily

Notes:

MD involved _____

Rehabilitation potential:

☐ Acute condition ☐ Chronic condition Full recovery expected

Partial recovery expected

☐ No recovery expected

Notes:

Assistive Devices:

Device used:

Device used:

Is client using
device properly:

Is client using
device properly:

Provider of device:

Provider of device:

Phone:

Phone:

Device used:

Device used:

Is client using
device properly:

Is client using
device properly:

Provider of device:

Provider of device:

Phone:

Phone:

Legal Assessment:

Attorney(s):

Name:

Specialty:

Address:

Phone/Fax: _____

Name:

Specialty:

Address:

Phone/Fax: _____

Documents:

Document type:

Date:

Attorney:

Location of documents:

WILL:

ADVANCE DIRECTIVE FOR HEALTHCARE:

POWER OF ATTORNEY:

GUARDIANSHIP/CONSERVATORSHIP:

ADDITIONAL
NOTES:

END OF LIFE PLANNING:

Funeral Home:

Cemetery/Plot#:

Funeral Arrangements:

People to Notify:

Funeral Pre-Paid? Yes No

If yes, where is paperwork?

Additional Notes: